



The Natural Cure

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Client Symptom Analysis

Place a number next to the issue that applies to you. Use (1) for mild symptoms/frequently, (2) for moderate and (3) for severe.

Group 1

- ___ Acid foods upset
- ___ Get chilled often
- ___ Lump in throat
- ___ Dry mouth-eyes-nose
- ___ Pulse speeds after meals
- ___ Keyed up-hard to calm down
- ___ Cuts heal slowly
- ___ Gag easily
- ___ Unable to relax/ easily startled
- ___ Sensitive to bright lights
- ___ Urine amount smaller than usual
- ___ Nervous Stomach
- ___ Appetite reduced
- ___ Has cold sweats
- ___ Often has fevers
- ___ Shooting pains in face
- ___ Do not blink often
- ___ Sour Stomach

Group 2

- ___ Joint stiffness after arising
- ___ Muscle-leg/tow cramps at night
- ___ Often cold
- ___ Eyes or nose watery
- ___ Blink often
- ___ Swollen/puffy eyes
- ___ Indigestion after meals
- ___ Always hungry/lightheaded
- ___ Vomiting frequently
- ___ Perspire easily
- ___ Breathing irregular
- ___ Pulse slow/irregular
- ___ Difficult swallowing
- ___ Poor circulation

Group 3

- Eat when nervous
- Excessive appetite
- Always hungry
- Shaky when hungry
- Afternoon headaches
- Crave candy/coffee in afternoon
- Wake after a few hours of sleep
- Mood swings/depression
- Heart palpitates if meal missed or delayed
- High Cravings for sweets/breads/snacks

Group 4

- Hands and feet go to sleep easily
- Sighs frequently
- Susceptive to colds and fevers
- Swollen ankles worse at night
- Muscle Cramps
- Bruise easily
- Frequent nose bleeds
- Noise in head or ringing in ears

Group 5

- Dizziness
- Dry skin
- Burning Feet
- Itchy skin and feet
- Excessive hair fallout
- Frequent skin rashes
- Metallic/bitter tastes in mornings
- Bowel movements painful/difficult
- Worries a lot
- Pain between shoulder blades
- Bad breath
- Burning or itching anus
- Greasy food upset
- Sneezing attacks

Group 6

- Lower bowel gas hours after eating
- Burning stomach relieved by eating
- Coated tongue
- Pass large amounts foul smelling gas
- Bloated stomach after eating
- Loss of taste for meat
- Gas ½-3 hours after eating
- Mucus colitis or irritable bowel

Group 7

- Insomnia
- Nervousness
- Can't gain weight-increased appetite

- Intolerance to heat
- Highly emotional
- Night Sweats
- Irritable and restless
- Eyelid and facial twitch
- Pulse fast at rest
- Weight gain
- Tire easily
- Sensitive to cold
- Hair course falls out
- Dry or scaly skin
- Increased sex drive
- Headaches, splitting
- Decreased sugar tolerance
- Abnormal thirst
- Weight gain around hips or waist
- Reduced or no sex drive
- Menstrual disorders
- Lack of menstruation (young girl)
- Hot flashes
- Weakness, fatigue
- Nails break easily
- Hives, itchy skin
- Respiratory problems
- Swollen ankles
- Salt cravings

FEMALES ONLY

- Very easily fatigues
- Premenstrual tension
- Painful breasts
- Acne, worsens at menstruation
- Long term depression
- Depressed before menstruation
- Hot flashes
- Vaginal Discharge
- Menstruation light or missed
- Hysterectomy/ovaries removed

MALES ONLY

- Prostate only
- Urination difficult or dribbling
- Frequent night urination
- Depression
- Pain on inside of legs or heels
- Feelings of incomplete bowel movement
- Tire easily
- Diminished sex drive
- Restless legs at night

LIST THREE MAIN HEALTH CONCERNS:
